

Diana Sher



My name is Diana Sher, I am seventeen years of age and I participate in a very classic, interesting, and complex sport.

My current goal is to do my absolute best at Senior Level in the upcoming season and to win a medal at the Junior World Championship.

I began Fencing at the age of eleven and at first I truly disliked it, it seemed like a pointless and dull sport. I loathed training and absolutely hated the idea of training almost every night of the week.

I entered my first competition, the Victorian Schools Individual Epee Championships, a year later and finished third. I was never more proud. I felt that I had achieved something great. From that day I fell in love with the sport and I knew that fencing was for me. Since then my achievements have grown and grown.

In 2006, I was featured in the Leader newspaper as a 'Sports Star of The Week' and later that year I won the 'Active Girls Southern Division' award. Early last year I was featured in the Leader newspaper as 'Sports Star of The Week'. I was very fortunate to have my picture on the front cover of the Caulfield Leader as well as an article on my achievements.

In 2007, 2008 and 2009, I was very lucky to be a role model at the annual, 'Active Girls' Breakfast'. These sorts of breakfasts are an excellent way to encourage other girls to get active in sport and to understand the importance of a healthy lifestyle. I was very proud to attend this event as a role model.

In 2006, I won four gold medals, one in the Under 20 State Championships and three gold medals for Under 15 State Championships. In 2007, I won six medals, five gold and one silver. My greatest achievement for that year was winning the Under 15 National Championships in Sydney. In 2008, I came sixth in the Robin Chaplin Memorial Australian Open Tournament held in Adelaide and equal sixth in the DH McKenzie Australian Open Tournament held in Melbourne.

In 2009 I travelled overseas and came 38th out of 138 participants at the Junior World Cup held in Gothenburg. In April 2009 I competed in my first Cadet World Championships, held in Belfast, and finished 18th.

Also in 2009 I won three silver medals and one bronze at the Australian Open Tournaments, as well as winning both the Under 17 National Championships and the Under 20 National Championships.

This year I won two silver medals and one bronze at the Australian Open Tournaments. In the Cadet World Championships held in Azerbaijan I narrowly lost 14-15 to a Russian fencer to progress to the top 8. In the World Cup held in Sydney I lost only 12-15 in the top 16 to current Olympic Champion Brita Haideman from Germany. At the Commonwealth Fencing Championships held in Melbourne I was incredibly proud to win my first gold medal as part of the Australian Women's Epee Team. I was also very proud to be selected to represent Australia at the Fencing World Championships held in Paris in October.

For the past two years I was very privileged to be able to train in Paris for a week. The skills and experiences I learned from the training there were amazing. I learnt so many new skills and trained in a very competitive environment. I would really love to have an opportunity like this again.

Next year I would love the opportunity to fence in many competitions overseas. I absolutely love this sport and couldn't imagine myself doing anything else. I love my training program and what I get out of it. I hope to train and compete overseas to really extend and challenge myself and hopefully achieve better results. I adore this sport and I really want to achieve greatness.

Tournaments Results

2007

- Gold Medal Under 15 National Championships

2008

- Gold Medal Under 17 National Championships
- Gold medal Under 20 National Championships
- 7th place Australian Open Fencing Tournament No1
- 6th place Australian Open Fencing Tournament No 2
- 5th place Australian National Championships

2009

- Silver Medal Australian Open Fencing Tournament No 1
- Silver Medal Australian Open Fencing Tournament No 2
- Silver Medal Australian Open Fencing Tournament No 3
- Bronze Medal Australian National Championships
- Gold Medal Under 20 National Championships

2010

- 15th Place Cadet World Championships in Baku
- Silver Medal Australian Open Fencing Tournament No 1
- 15th Place FIE Open Women's World Cup in Sydney
- Silver Medal Australian Open Fencing Tournament No 2
- Gold Medal Commonwealth Fencing Championships Team Event
- Tableau 128 Open World Championships in Paris
- Bronze Medal Australian National Championships

